



Working out →

# AGE DIFFERENCE

Differences in age are often a feature of relationships between gay men. An age gap can be a source of great strength; but it can also be a cause of tension.

In many ways we are freer than the straight world to write our own rules for how we conduct relationships.

This module is for you if you are in a relationship where there is a difference in age and want to find practical ways to make your relationship work better.

It will help you to:

- explore and deal with your concerns about the age gap
- be more confident about your relationship
- plan for your future together